

Saturday 13th January

Emirates Arena, Glasgow

Event 1 Men 60 m H Sen/U20/U17 Men

Name	Age Team	Final
Heat 1		
1 Taylor Roy	U20M Pitreavie AAC	8.43
2 Cameron Keelan	U17M Pitreavie AAC	8.62
3 Alexander Mackay	U17M Ross County	8.70
4 Jamie Tobin	U17M Cumbernauld AAC	9.09
5 David Carson Graham	SM Shettleston	9.56

Event 2 Women 60 m H Sen Wom

Best: 8.87 14/01/2017 Jade Nimmo, Sale Harrier		
Name	Age Team	Final
Heat 1		
1 Jade Nimmo	SW Sale Harriers	8.81
2 Catriona Pennet	SW Edinburgh AC	9.10
3 Niamh Guest	SW Pitreavie AAC	9.20
4 Bethany McAndrew	U20W Pitreavie AAC	9.29
5 Anna Forbes	SW Whitemoss AAC	9.76
6 Erin Campbell	U20W Kilbarchan AAC	9.76
Heat 2		
1 Beth Tobin	U20W Cumbernauld AAC	9.50
2 Hazel Kirk	U20W Ayr Seaforth AAC	9.77
3 Eve Allison	U20W Livingston AC	10.13
4 Mairi Weir	U20W Elgin AAC	11.11
-- Niamh Robertson	U20W Dundee Hawk	DNF

Event 3 Boys 60 m H U15B

Best: 9.37 14/01/2017 Reuben Nairne, Giffnock Nor		
Name	Age Team	Final
Heat 1		
1 Ben Chatham	Glasgow Scho	9.19
2 Fergus MacGilp	Pitreavie AAC	9.98
3 Jacob Callaghan	Dunfermline	11.04
4 Ethan Cunningham	Cumbernauld AAC	11.09
5 Dylan Carroll	Templemore AC	11.97

Event 4 Women 60 m H U17W

Best: 8.89 14/01/2017 Jade Henry, VP-Glasgow A		
Name	Age Team	Final
1 Katie Sharkey	Central AC	9.05
2 Jane Davidson	Aberdeen AAC	9.14
3 Rachel Broadfoot	Dundee Hawk	9.22
4 Isla Steel	Dunfermline	9.45
5 Ellen Ranklin	Dunfermline	10.00
6 Rachel Johnstone	Inverness Ha	10.03
7 Kirsty Craig	Whitemoss AAC	10.16
8 Eve Tulloch	Elgin AAC	10.83

Saturday 13th January

Emirates Arena, Glasgow

Event 5 Girls 60 m H U15G

Best: 9.40 14/01/2017 Philippa Ellis, Houghton Har			
Name	Age	Team	Final
1 Coirilidh Cook		Central AC	9.28
2 Grace Brennan		Team East Lothian	9.84
3 Jilly Lefebvre		North Ayrshire AC	9.95
4 Ruby Renton		Edinburgh AC	10.04
5 Morgan Robertson		Dunfermline	10.14
6 Amy Kennedy		Cumbernauld AAC	10.32
7 Grace Robertson		Giffnock North AAC	10.66

Heat 2

1 Rosie Sharples		Falkirk Vict	10.00
2 Emily O'Shea		Kilmarnock H&AC	10.21
3 Catriona Scott		VP-Glasgow AC	10.40
4 Rachel Maclean		VP-Glasgow AC	10.89
5 Lucy McCormack		Law & District AAC	10.94
6 Brooke Steel		Carlisle Aspatria	10.98

Heat 3

1 Rachel Hewitson		North Ayrshire AC	9.98
2 Claudia Moran		Dundrum Sout	10.48
3 Hannah Dunn		Clydesdale Harriers	11.11
4 Rebecca Carty		Dundrum Sout	11.96
5 Kirsty Whyte		Whitemoss AAC	12.62
6 Lucy Bennett		Whitemoss AAC	12.76

Event 6 Boys 60 m H U13B

Name	Age	Team	Final
Heat 1			
1 Daniel Martin		Giffnock North AAC	10.20
2 Max Evans		Team East Lothian	10.58
3 Dylan Gee		North Ayrshire AC	12.60
4 Oliver Morrison		Dunfermline	13.80

Event 7 Girls 60 m H U13G

Best: 10.13 14/01/2017 Catriona Scott, VP-Glasgow A			
Name	Age	Team	Final
Heat 1			
1 Mya McMahon		Dunfermline	9.76
2 Alice Ball		Edinburgh AC	10.13
3 Jenna Beswick		Ayr Seaforth AAC	10.97
4 Katie Irving		Carlisle Aspatria	11.11
Heat 2			
1 Shayna Asamoah		Dunfermline	11.17
2 Emily Watson		Giffnock North AAC	11.64
3 Courtney Fraser		Whitemoss AAC	12.70
4 Aoibha Ballard		North Ayrshire AC	12.95
5 Eilidh Beggan		Whitemoss AAC	13.13

Event 8 Mixed 60 m 1-3 Band A

Best: 6.77 14/01/2017 Allan Hamilton, Sale Harrier			
Name	Age	Team	Final

Heat 1

1	Michael Olsen	U20M Edinburgh AC	6.83
2	Alec Thomas	SM VP-Glasgow AC	6.93
3	Greg Kelly	U20M East Kilbride AC	7.02
4	Kade Thomas	SM VP-Glasgow AC	7.06
5	Chuxx Onyia	SM Kent AC	7.17
6	Drew McIntyre	U20M Inverclyde AC	7.18

Heat 2

1	Alexander Young	U20M Larkhall YMC	7.17
2	Dylan Ali	SM Kilbarchan AAC	7.29
3	Steven Park	SM Lasswade AAC	7.35
3	Robbie Shaw	SM Aberdeen AAC	7.35
5	Steven Beattie	SM VP-Glasgow AC	7.44
6	Andy Moses	U20M Giffnock North AAC	7.47

Heat 3

1	Tyler Johnson	SM Jersey Spartans AC	7.17
2	Ross Edmonds	SM Edinburgh AC	7.34
3	Jamie Stevenson	U17M VP-Glasgow AC	7.39
4	Euan Urquhart	SM VP-Glasgow AC	7.48
5	Adam Dooley	U20M Templemore AC	7.48
6	Harry Kilner	U20M Aberdeen AAC	7.51

Event 9 Mixed 60 m 4-6 Band B

Best: 7.31 14/01/2017 Kieran Kivlin, Edinburgh AC			
Name	Age	Team	Final

Heat 1

1	Cameron Marshall	U17M Fife AC	7.38
2	Marcus Archer	SM Aberdeen AAC	7.39
3	Jamie Reid	U17M Dundee Hawk	7.40
4	Sean McGraw	U17M VP-Glasgow AC	7.46
5	Areeb Sherjil	U20M Aberdeen AAC	7.50
6	Sol Stewart	U17M VP-Glasgow AC	7.51

Heat 2

1	John Giulianotti	U20M Hamilton and	7.40
2	Taylor Roy	U20M Pitreavie AAC	7.41
3	Ross Freck	SM Aberdeen AAC	7.49
3	Josh Smith	U17M Kilmarnock H&AC	7.49
5	Jenna Wrisberg	SW Giffnock North AAC	7.65
6	Lewis Young	U20M Shettleston	7.70
7	Scott Tindle	U20M Tweed Leader	7.75

Heat 3

1	Josh Abbott	U17M Chirnside Chasers	7.55
2	Cameron Keelan	U17M Pitreavie AAC	7.58
3	Ross Mitchell	U17M Larkhall YMC	7.62
4	Finlay Waugh	U17M Annan & District AC	7.65
5	Adam Swalwell	U20M Blyth Running Club	7.79

Event 10 Mixed 60 m 7-9 Band C

Best: 7.54 14/01/2017 Sol Stewart, Larkhall YMC			
Name	Age	Team	Final
Heat 1			
1	Scott Wylie	U20M Giffnock North AAC	7.35
2	Owen Doyle	U20M Cumbernauld AAC	7.65
3	Alexander Poustie-Willia	U15B Edinburgh AC	7.65
4	Callum Poole	U17M Team East Lothian	7.65
5	Kyle Dooley	U15B Templemore AC	7.86
6	Stacey Downie	SW Edinburgh AC	7.87
Heat 2			
1	Eilidh de Klerk	SW Dundee Hawk	7.87
2	Ella Duane	U20W Vale Royal	7.94
3	Andrea Goodman	U20W Dundee Hawk	7.95
4	Ellie McGinty	SW Edinburgh AC	8.10
5	Robyn Taylor	U17W VP-Glasgow AC	8.12
6	Gary Leek	M55 Edinburgh AC	8.16
Heat 3			
1	Joda Kokovworho	U20W Aberdeen AAC	7.97
2	James Park	SM Unattached	7.97
3	Gillian Cooke	W35 Edinburgh AC	8.07
4	Rebecca Olaleye	U20W Aberdeen AAC	8.09
5	Emily Dagg	U20W Edinburgh AC	8.14
6	Laura Munro	U20W Edinburgh AC	8.41

Event 11 Mixed 60 m 10-12 Band D

Best: 7.66 14/01/2017 Finlay Waugh, Annan & Dist			
Name	Age	Team	Final
Heat 1			
1	Matthew Cliff	U17M Kilbarchan AAC	7.80
2	Bailey Gallagher	U15B Airdrie Harriers	7.93
3	Andrew Clydesdale	M40 East Kilbride AC	8.11
4	Lois Garland	U17W Perth Strath	8.19
5	Brian Martin	M45 Giffnock North AAC	8.22
6	Beth Tobin	U20W Cumbernauld AAC	8.23
Heat 2			
1	Layla Zuill	U15G Fife AC	8.12
2	Rachel Broadfoot	U17W Dundee Hawk	8.18
3	Shona McLay	U17W Central AC	8.20
4	Jane Davidson	U17W Aberdeen AAC	8.28
5	Alexandra Burns	U20W Helensburgh AAC	8.31
6	Julien Gittens	M55 Leeds City AC	8.51
Heat 3			
1	Elliot Wilkins	U17M Dunfermline	7.95
2	Mark Connelly	U17M Law & District AAC	8.21
3	Lauren Callaghan	U17W Finn Valley AC	8.28
4	Mia Downie	U17W Lasswade AAC	8.36
5	Tamsin Fowlie	U15G Elgin AAC	8.47

Event 12 Mixed 60 m 13-15 Band E

Best: 7.66 14/01/2017 Sean McGraw, VP-Glasgow A			
Name	Age	Team	Final
Heat 1			
1 Ross Mcauley	U17M	Larkhall YMC	8.02
2 Ellie O'Hara	U17W	Edinburgh AC	8.20
3 Megan Gowans	U17W	Dundee Hawk	8.21
4 Sarah Duff	U17W	Pitreavie AAC	8.23
5 Niamh Guest	SW	Pitreavie AAC	8.33
6 Katie Pearson	U20W	Airdrie Harriers	8.51
7 Elizabeth Thompson	U17W	Central AC	8.54
Heat 2			
1 Aidyn McMahon	U15B	Kilmarnock H&AC	8.02
2 Dani Mauchlen	U15G	Pitreavie AAC	8.43
3 Emily Rooney	U15B	Glasgow Scho	8.48
4 Jodie Ronald	SW	Airdrie Harriers	8.58
5 Freya Cowan	U17W	Giffnock North AAC	8.61
6 May Venerus	U17W	Law & District AAC	8.76
7 Robert Phin	M60	Springburn Harriers	8.82
Heat 3			
1 Imran Hossain	U15B	Edinburgh AC	8.22
2 Aislynn Crichton	U17W	Fife AC	8.43
3 Fraser McKenzie	SM	Ayr Seaforth AAC	8.45
4 Mateo Hughes	U15B	Unattached	8.51
5 Jasmine Tickner	SW	Corstorphine AAC	8.62
6 Rachel Hewitson	U15G	North Ayrshire AC	8.67
7 Madison Murdoch	U13G	Larkhall YMC	8.70

Event 13 Mixed 60 m 16-18 Band F

Best: 8.29 14/01/2017 Katie Patullo, Dundee Hawk			
Name	Age	Team	Final
Heat 1			
1 Rachel Hunter	U17W	VP-Glasgow AC	8.25
2 Emiliya Morrison	U20W	Pitreavie AAC	8.41
3 Erin Ramsay	U13G	Ayr Seaforth AAC	8.53
4 Lucy Fraser	U15G	Perth Strath	8.55
5 April Heggie	U20W	Perth Strath	8.56
6 Claire Nicholson	U17W	Pitreavie AAC	8.58
7 Kirsten Bowie	U15G	Elgin AAC	8.66
Heat 2			
1 Nicola Waite	U15G	VP-Glasgow AC	8.56
2 Maeve Hayes	U17W	St Pauls Athleti	8.79
3 Samantha Dagg	U15G	Tweed Leader	8.84
4 Daniel Martin	U13B	Giffnock North AAC	8.84
5 Beth Aitken	U17W	Pitreavie AAC	8.88
6 Alice Ball	U13G	Edinburgh AC	8.91
7 Laura Buchan	U15G	Team East Lothian	9.06
Heat 3			
1 Owen Selfridge	U17M	East Kilbride AC	8.48
2 Isla Steel	U17W	Dunfermline	8.52
3 Stroma Fraser	U13G	Inverness Ha	8.63
4 Niamh McIntosh	U15G	Inverclyde AC	8.79
5 David Cathcart	U15B	Moorfoot Runners	8.81
6 Ben Heron	U13B	North Ayrshire AC	8.82
7 Graeme Breslin	M50	Corstorphine AAC	8.98
8 Amanda Nicol	SW	Motherwell AC	9.42

Event 14 Mixed 60 m 19-21 Band G

Best: 8.37 14/01/2017 Mia Downie, Lasswade AAC			
Name	Age	Team	Final
Heat 1			
1 Lucy Wroe	U17W	Whitemoss AAC	8.52
2 Max Evans	U13B	Team East Lothian	8.67
3 Olivia Wilson	U15G	Falkirk Vict	8.69
4 Finlay Marchant	U15B	Central AC	8.96
5 Sabrina Henry	U17W	Stewartry AC	8.97
6 Emma Young	U15G	Larkhall YMC	8.98
7 Ruby Renton	U15G	Edinburgh AC	9.14
Heat 2			
1 Brogan Beattie	U15G	Tweed Leader	8.52
2 Dean Patterson	U13B	Larkhall YMC	8.65
3 Esther George	U15G	Whitemoss AAC	8.85
4 Rachel Thomson	U20W	Pitreavie AAC	8.92
5 Shayna Asamoah	U13G	Dunfermline	8.97
6 Rhys Hogg	U15B	Larkhall YMC	9.09
7 Sally Condie	W50	Cumbernauld AAC	9.10
8 Dominic Burns	U15B	Glasgow Scho	9.13
Heat 3			
1 Aidan Cunning	U15B	Giffnock North AAC	8.75
2 Josh Scott	U13B	Airdrie Harriers	9.04
3 Aidan McGarrigle	U13B	Inverclyde AC	9.07
4 Niamh McGarva	U15G	Inverclyde AC	9.08
5 Rachel Maclean	U15G	VP-Glasgow AC	9.13
6 Taylor McNamara	U15G	East Kilbride AC	9.13
7 Brodie Wright	U13B	VP-Glasgow AC	9.18
8 Niamh Gaffney	U13G	North Ayrshire AC	9.20

Event 15 Mixed 60 m 22-24 Band H

Best: 8.74 14/01/2017 Gino Brock, Dundee Hawk			
Name	Age	Team	Final
Heat 1			
1 Edward Docherty	U15B	Inverclyde AC	8.34
2 Charlie Gaskin	U13B	Kilmarnock H&AC	8.67
3 Dylan Carroll	U15B	Templemore AC	8.87
4 Libby White	U13G	Ayr Seaforth AAC	8.90
5 Chloe Hill	U13G	Larkhall YMC	8.94
6 Kacey Taitt	U15G	Tweed Leader	9.10
7 Lily Arrundale	U15G	Edinburgh AC	9.14
8 Eve Crawford	U13G	Airdrie Harriers	9.37
Heat 2			
1 Olivia Anderson	U13G	Edinburgh AC	8.94
2 Grace Robertson	U15G	Giffnock North AAC	9.20
3 Alex Waugh	U13B	Annan & District AC	9.26
4 Lauren Agnew	U15G	Giffnock North AAC	9.40
5 Charlie Rae	U15B	Teviotdale Harriers	9.41
6 Zoe Wilson	U13G	VP-Glasgow AC	9.62
7 Penny Johnson	W55	Aberdeen AAC	9.66
Heat 3			
1 Jenna Beswick	U13G	Ayr Seaforth AAC	9.13
2 Sam McCallum	U13B	Kilmarnock H&AC	9.15
3 Gemma Woods	U13G	East Kilbride AC	9.33
4 Dylan Gee	U13B	North Ayrshire AC	9.37
5 Hannah Dunn	U15G	Clydesdale Harriers	9.55
6 Ben Hughes	U13B	Giffnock North AAC	9.60

Event 16 Mixed 60 m 25-27 Band I

Best: 8.54 14/01/2017 Rachel Callan, Giffnock Nor			
Name	Age	Team	Final
Heat 1			
1 Beth MacKay	U17W	Elgin AAC	9.00
2 Paul Serpenskas	U15B	Team East Lothian	9.16
3 Rebekah Rose	U17W	Perth Strath	9.39
4 Sarah Clydesdale	U15G	East Kilbride AC	9.43
5 Eilidh Veitch	U13G	Giffnock North AAC	9.45
6 Lana Stanger	U13G	Teviotdale Harriers	9.47
7 Kaitlyn Clark	U13G	Larkhall YMC	9.48
8 Kyle Weir	U13B	Larkhall YMC	9.59
Heat 2			
1 Billy Corrigan	U17M	To Be Confirmed	8.31
2 Aimee Broomby	U13G	Carlisle Aspatia	9.61
3 Caleb Gallacher	U15B	Maryhill Harriers	9.76
4 Evie Little	U13G	Carlisle Aspatia	9.91
5 Maria McGilp	U13G	Maryhill Harriers	9.92
6 Maisie Hopkins	U13G	Whitemoss AAC	10.12
7 Maddi Patterson	U13G	Teviotdale Harriers	10.27
Heat 3			
1 Paul Costelloe	SM	To Be Confirmed	7.33
2 Alkali Jammeh	SM	Kilbarchan AAC	7.43
3 James Bell	U13B	Carlisle Aspatia	8.29
4 Cameron Martin	U15B	Larkhall YMC	9.10
5 Leah Mooney	U15G	Larkhall YMC	9.97
6 Abby Docherty	U13G	North Ayrshire AC	10.46
7 Aneesa Gallacher	U13G	Maryhill Harriers	10.56

Event 17 Mixed 60 m 28-30 Band J

Best: 7.64 14/01/2017 Amir Al Idrus, Edinburgh Un			
Name	Age	Team	Final
Heat 1			
1 Christopher Miller	U17M	Tweed Leader	7.75
2 Nathan Griffins	U17M	To Be Confirmed	8.15
3 Chelsea Olumba	U13G	Lucan Harriers & AC	8.53
4 Sophie Wallwork	U15G	Pitreavie AAC	8.73
5 India Mckendry	U15G	Dunfermline	9.07
6 Su Yi Low	U20W	Stirling Uni	9.52
7 Scarlett Jardine	U13G	Carlisle Aspatia	10.02
8 Megan Laughlan	U15G	Larkhall YMC	10.12
Heat 2			
1 Christvie Lunganga	U15G	Lucan Harriers & AC	8.67
2 Sophie Evans	U15G	Larkhall YMC	8.94
2 Finn Regan	U15B	Shetland AAC	8.94
4 Gianna Nesti	U15G	To Be Confirmed	8.98
5 Sean McMichan	U15B	Unattached	9.01
6 Emma Reihill	U13G	Lucan Harriers & AC	9.51
7 Ryan McMichan	U13B	Unattached	9.61
8 Fiona Jordan	W50	Clydesdale Harriers	9.79
Heat 3			
1 Logan Kerr	U13B	Tweed Leader	8.77
2 Sophie Reihill	U15G	Lucan Harriers & AC	8.83
3 Ria Conacher	U13G	Dundee Hawkh	8.96
4 Anastasia Stone	U15G	Carlisle Aspatia	8.98
5 Adom Akuoko	U13B	Dunfermline	9.10
6 Shauna Ismael	U13G	Lucan Harriers & AC	9.12
7 Sarah Burns	U13G	Corstorphine AAC	9.27
8 Taylor Fitchet	U15G	Dundee Hawkh	9.42

Event 18 Mixed 800 m 1-3 Band A

Best: 1:50.22 14/01/2017 Jake Wightman, Edinburgh AC

Name	Age Team	Final
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Heat 1

1	Christian Byron	SM Birchfield Harriers	1:55.26
2	Grant Muir	SM Giffnock North AAC	1:55.32
3	Nikolai Gajic	U20M To Be Confirmed	1:58.74
4	Niall Harvey	U20M To Be Confirmed	1:59.30
5	Paul Ireland	U20M Edinburgh AC	1:59.75

Heat 2

1	Allan Ramsay	SM VP-Glasgow AC	1:57.79
2	Charlie Beeson	U20M Banchory Sto	2:00.53
3	Murray Fotheringham	U17M Giffnock North AAC	2:00.82
4	Ross Whitelaw	U17M Glasgow Scho	2:01.34
5	James Dunne	U20M Tullamore Harriers	2:01.62
6	Colin Langan	SM Cumbernauld AAC	2:02.11

Heat 3

1	Luke Davidson	U17M Inverness Ha	2:03.85
2	Hamish Coutts	U20M Cumbernauld AAC	2:04.19
3	Joe Donnelly	U17M Team East Lothian	2:07.06
4	Aidan McCaffrey	U20M Cumbernauld AAC	2:07.61
5	Ben Nichol	U17M Inverclyde AC	2:11.19

Event 19 Mixed 800 m 4-6 Band B

Best: 2:03.59 14/01/2017 Gary McPake, Glasgow Scho

Name	Age Team	Final
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Heat 1

1	Colin Welsh	M35 Gala Harriers	2:00.86
2	Peter Bradshaw	U17M North Ayrshire AC	2:10.70
3	Dylan Crawford	U20M Inverclyde AC	2:11.14
4	Eoghan O'Donnell	U17M Giffnock North AAC	2:12.04
5	Kerry MacAngus	U20W Kilbarchan AAC	2:14.38
6	Euan Wond	U17M Falkirk Vict	2:17.13
7	James Cathie	U20M Whitemoss AAC	2:18.40
--	James Young	U15B Carlisle Aspatria	DQ 163.3a

Heat 2

1	Bruce Donald	SM To Be Confirmed	2:11.93
2	Stephen Nisbet	M35 North Ayrshire AC	2:15.03
3	Connor Dunne	U17M Tullamore Harriers	2:15.87
4	Hughie Mackin	SM Newry AC	2:16.16
5	Fraser Armstrong	SM Bellahouston	2:16.96
6	Corrine Johanna Kenny	U17W Dundrum Sout	2:19.04
7	Amy Kirkpatrick	U15G VP-Glasgow AC	2:21.41

Event 20 Mixed 800 m 7-9 Band C

Best: 2:14.52 14/01/2017 Kerry MacAngus, Kilbarchan		
Name	Age Team	Final
Heat 1		
1 Lewis Mitchell	U17M Giffnock North AAC	2:11.15
2 Ailsa Innes	U20W Lasswade AAC	2:18.90
3 Jim White	M40 Motherwell AC	2:21.15
4 Lucy Somerville	U20W Cumbernauld AAC	2:21.67
5 Ava O Connor	U15G To Be Confirmed	2:23.80
6 Grace Norman	SW VP-Glasgow AC	2:23.85
7 Hannah Burn	U15G Kilmarnock H&AC	2:27.48
Heat 2		
1 Lewis Hainey	U15B Inverclyde AC	2:15.73
2 Adam Cassidy	U17M Cumbernauld AAC	2:16.20
3 Sara Doyle	U20W To Be Confirmed	2:16.67
4 Charlotte Clare	U17W Moorfoot Runners	2:17.94
5 Georgia Morrison	U17W Inverclyde AC	2:19.05
6 Sophie Young	U20W Inverness Ha	2:24.80
Heat 3		
1 John McCaffrey	SM Newry AC	2:19.28
2 Rhiannon Hedley	U15G Morpeth Harriers	2:24.87
3 Maria Isabella Malley	U17W Whitemoss AAC	2:26.36
4 Chloe Cheyne	U17W Inverness Ha	2:26.78
5 Emma Chamberlain	U17W Giffnock North AAC	2:29.76
6 Eilidh Murphy	U17W Airdrie Harriers	2:39.37

Event 21 Mixed 800 m 10-12 Band D

Best: 2:21.80 14/01/2017 Frankie Quail, Kirkintilloch		
Name	Age Team	Final
Heat 1		
1 Harris Morrison	U13B Inverclyde AC	2:26.22
2 Jake Speirs	U15B VP-Glasgow AC	2:27.45
3 Emma Kendal	U15G Carlisle Aspatria	2:37.18
4 Geordan Davis	U15B Glasgow Scho	2:41.84
5 cameron McIndoe	U13B Glasgow Scho	2:46.48
6 Adele Gillespie	U15G Aberdeen AAC	2:47.84
Heat 2		
1 Fiona Matheson	W55 Falkirk Vict	2:33.51
2 Codie McHolm	U13G Larkhall YMC	2:33.95
3 Andrew Anderson	M50 Dunbar Running Club	2:35.42
4 Julie Wilson	W50 Inverness Ha	2:37.24
5 Cameron MacDonald	U15B East Kilbride AC	2:39.98
Heat 3		
1 Robbie Anderson	U17M Team East Lothian	2:34.34
2 Keir Arthur	U13B Inverclyde AC	2:38.19
3 Naomi Howlieson	U15G Central AC	2:38.89
4 Abbey Orr	U15G VP-Glasgow AC	2:41.84
5 Blair McAuley	U15B Larkhall YMC	2:43.49
-- Forbes Menzies	U15B Glasgow Scho	DNF

Event 22 Mixed 800 m 13-15 Band E

Best: 2:25.95 14/01/2017 Lewis Hainey, Inverclyde A			
Name	Age	Team	Final
Heat 1			
1 Meadow McCauley		U17W Newry AC	2:35.58
2 Sam Hosie		U13B East Kilbride AC	2:35.60
3 Ella McGregor		U15G Giffnock North AAC	2:37.27
4 Nuala O'Donnell		U15G Giffnock North AAC	2:39.68
5 Caitlin Cameron Coyle		U17W VP-Glasgow AC	2:40.03
6 Sarah Jane Beattie		SW Newry AC	2:40.71
7 Lily Wetherell		U15G Glasgow Scho	2:44.92
Heat 2			
1 Ben Johnston		U15B Pitreavie AAC	2:29.51
2 Paris Burton		U17W Glasgow Scho	2:38.01
3 Roisin Cameron Coyle		U15G VP-Glasgow AC	2:39.88
4 Rachael Morran		U15G Giffnock North AAC	2:43.44
5 Lily Simon		U13G Pitreavie AAC	2:43.59
6 Lauren Agnew		U15G Giffnock North AAC	2:48.18
Heat 3			
1 Chloe Gilfillan		U13G Larkhall YMC	2:41.92
2 Olivia Boyle		U13G Whitemoss AAC	2:52.77
3 Ellie Thomson		U15G Larkhall YMC	2:53.55
4 Niamh Gaffney		U13G North Ayrshire AC	2:54.43
5 Rachel Warboys		U13G Kilmarnock H&AC	2:56.52
6 Erin Prior		U13G Maryhill Harriers	3:08.85

Event 23 Mixed 800 m 16-18 Band F

Best: 2:35.97 14/01/2017 Isla Scott, Giffnock Nor			
Name	Age	Team	Final
Heat 1			
1 Chloe O'Hare		U17W Newry AC	2:48.95
2 Zoe Wilson		U13G VP-Glasgow AC	2:49.26
3 Fionn Leeson		U13B Maryhill Harriers	2:57.87
4 Eilidh Veitch		U13G Giffnock North AAC	2:58.51
5 Hayley Gilfillan		U13G Larkhall YMC	2:59.08
6 Angela Margitta Kelly		U13G Aberdeen AAC	3:00.61
7 Finlay Marchant		U15B Central AC	3:01.63
Heat 2			
1 Annabelle Murray		U17W Tweed Leader	2:41.16
2 David Burns		U17M To Be Confirmed	2:44.96
3 Anne Howie		W55 Aberdeen AAC	2:45.50
4 Eloise Kerr		U15G Tweed Leader	2:49.20
5 Kirstin Penman		U13G Dunfermline	2:54.82
6 Erin Miller		U15G Central AC	2:54.84
7 Cara Kirkwood		U13G VP-Glasgow AC	3:03.17
Heat 3			
1 Fraser Rout		U15B Tweed Leader	2:43.24
2 Aimee Broomby		U13G Carlisle Aspatria	2:48.27
3 Archie Lynch		U13B Harmeny AC	2:49.28
4 Sam Johnstone		U15B Tweed Leader	2:54.43
5 Taylor More		U13G Airdrie Harriers	2:55.46
6 Abby Docherty		U13G North Ayrshire AC	3:13.01

Saturday 13th January

Emirates Arena, Glasgow

Event 24 Mixed 400 m 1-3 Band A

Best: 48.73 14/01/2017 Lewis Brown, Cumbernauld			
Name	Age	Team	Final
Heat 1			
1 Sam Dawkins		SM Jersey	49.45
2 Freddie Owsley		SM Bristol & West AC	49.85
3 Jamie Mitchell		U20M To Be Confirmed	50.23
4 Seumas MacKay		U20M Shetland AAC	50.38
5 Jack Mitchell		U20M St Laurence	51.27
6 Blair Crawford		SM Kilbarchan AAC	51.46
Heat 2			
1 Tyler Johnson		SM Jersey Spartans AC	50.62
2 Max Leslie		U17M Edinburgh AC	51.51
3 Ewan Calder		SM Peterhead AC	51.97
3 Liam Fotheringham		SM Arbroath & D	51.97
5 Aidan Brady		U17M Livingston AC	52.26
6 Lorcan O'Connor		SM Lagan Valley	52.49

Event 25 Mixed 400 m 4-6 Band B

Best: 52.27 14/01/2017 Max Leslie, Edinburgh AC			
Name	Age	Team	Final
Heat 1			
1 Kieran Fraser		SM Shetland AAC	51.22
2 Scott McLuckie		SM Inverclyde AC	51.76
3 James McClafferty		U20M Law & District AAC	51.88
4 Mike Coogan		M45 East Cheshir	52.01
5 Gary McPake		U17M Glasgow Scho	52.19
6 Christopher Boyle		SM VP-Glasgow AC	52.45
Heat 2			
1 Amine Hifi		U20M Giffnock North AAC	51.89
2 Scott Hannaway		U17M Inverclyde AC	52.52
3 Eilidh Doyle		SW Pitreavie AAC	53.00
4 Ryan Kyle		SM Corstorphine AAC	53.10
5 Daniel Martin		U20M Ayr Seaforth AAC	53.28
6 Scott Fraser		SM Inverness Ha	53.49
Heat 3			
1 Mark McLachlan		U20M Inverclyde AC	51.34
2 James McIntosh		U17M Aberdeen AAC	52.35
3 Scott Brindley		U17M North Ayrshire AC	52.85
4 Thomas Carter		SM Aberdeen AAC	53.25
5 Kieran Struthers		U20M Kilmarnock H&AC	54.01

Event 26 Mixed 400 m 7-9 Band C

Best: 52.84 14/01/2017 Fergus Rule, Aberdeen AAC			
Name	Age	Team	Final
Heat 1			
1 Ruairidh Campbell		SM Tweed Leader	54.32
2 William Darling		U20M Lasswade AAC	54.72
3 Mark Magee		SM Inverclyde AC	54.97
4 Hamish Coutts		U20M Cumbernauld AAC	55.30
5 Darren Towart		M40 Tynedale AC	56.58
6 Alexander Thomson T20		U20M Whitemoss AAC	56.62
Heat 2			
1 Callum Letham		U20M Dundee Hawk	54.67
2 Ciaran Hogg		U17M Inverclyde AC	54.72
3 Brodie Young		U17M Airdrie Harriers	55.51
4 Roisin Smith		SW Airdrie Harriers	57.61
5 Peter Bradshaw		U17M North Ayrshire AC	58.85

Event 27 Mixed 400 m 10-12 Band D

Best: 52.90 14/01/2017 Billy Doyle, Pitreavie AA			
Name	Age	Team	Final
Heat 1			
1 Alistair Moriarty	U20M	Pitreavie AAC	54.21
2 Cameron Smith	U20M	Team East Lothian	56.94
3 Alan McCulloch	U17M	Law & District AAC	58.61
4 Emily Craig	U20W	Whitemoss AAC	60.02
5 Darrin Cameron	SM	Moray Road Runners	60.69
6 Inez Duane	U20W	To Be Confirmed	61.12
Heat 2			
1 Colin Wylie	M45	Giffnock North AAC	61.37
2 Evie Semple	SW	Inverclyde AC	62.47
3 Richard Clark	M40	Edinburgh AC	63.14
4 Lewis Riddick	U17M	Maryhill Harriers	63.55
5 Cara Steven	U20W	Stirling Uni	64.89
Heat 3			
1 Taygan Henry	U20W	Livingston AC	61.32
2 Skye Marshall	U17W	Pitreavie AAC	62.73
3 Danielle Lockie	U17W	Tweed Leader	65.50
4 Lauren Meikle	U17W	Lasswade AAC	66.47

Event 28 Mixed 400 m 13-15 Band E

Best: 56.76 14/01/2017 Oliver Lewis, Gateshead Ha			
Name	Age	Team	Final
Heat 1			
1 Paul Costelloe	SM	To Be Confirmed	53.27
2 Kate Mackay	U20W	Aberdeen AAC	66.00
3 Mairi Weir	U20W	Elgin AAC	67.96
4 Drew Gordon	U17M	Maryhill Harriers	72.04
5 Bethany Alexander	SW	Stirling Uni	79.85
Heat 2			
1 Kyle Potts	SM	Teviotdale Harriers	54.82
2 Ben Knowles	U17M	Pitreavie AAC	56.35
3 Freya Menzies	U20W	Giffnock North AAC	61.10
4 Dion Ingram	U20W	VP-Glasgow AC	61.84
5 Orla Lang	U17W	Giffnock North AAC	62.27

Event 29 Mixed 300 m 1-3 Band A

Best: 40.64 14/01/2017 Alasdair McMonagle, Cumbernau			
Name	Age	Team	Final
Heat 1			
1 James Young	U15B	Carlisle Aspatria	39.92
2 Emily Miller	U17W	VP-Glasgow AC	40.32
3 Katie Foss	U17W	Law & District AAC	42.03
4 Iona McDonald	U17W	Livingston AC	42.23
5 Emma Rutherford	U17W	Perth Strath	42.45
Heat 2			
1 Layla Zuill	U15G	Fife AC	42.15
2 Katie Reville	U17W	Nithsdale AC	42.21
3 Sophie Slider	U17W	Ayr Seaforth AAC	43.43
4 Gemma Bruce	U17W	Ayr Seaforth AAC	45.22
5 Sian Corrigan	U17W	To Be Confirmed	48.27
Heat 3			
1 Lois Garland	U17W	Perth Strath	41.27
2 Rob Henderson	U15B	Edinburgh AC	41.87
3 Ailsa Marsh	U17W	Pitreavie AAC	44.14
4 Eve Denholm	U17W	Giffnock North AAC	44.70
5 Eve Rennie	U17W	Fife AC	46.56

Event 30 Mixed 300 m 4-6 Band B

Best: 42.06 14/01/2017 Marc Mulgrew, Ayr Seaforth			
Name	Age	Team	Final

Heat 1

1	Corrine Johanna Kenny	U17W Dundrum Sout	43.37
2	Catriona McPheat	U17W Team East Lothian	43.86
3	Chloe Cheyne	U17W Inverness Ha	44.86
4	Morrin McMenemy	U17W Airdrie Harriers	45.21
5	Amy Kennedy	U15G Cumbernauld AAC	45.42
6	Eilidh Murphy	U17W Airdrie Harriers	46.88

Heat 2

1	Grace Brennan	U15G Team East Lothian	44.46
2	Leah Cameron	U17W Inverclyde AC	45.14
3	Dani Mauchlen	U15G Pitreavie AAC	45.38
4	Mairi Darroch	U17W Inverness Ha	45.55
5	Rachel Donnelly	U17W Law & District AAC	46.73
6	Nicole Furness	U17W Falkirk Vict	47.39

Heat 3

1	Lottie Jeffrey	U17W Falkirk Vict	42.92
2	Aislynn Crichton	U17W Fife AC	44.91
3	Catriona Scott	U15G VP-Glasgow AC	46.06
4	Alexandra Cathie	U15G Whitemoss AAC	46.28
5	Hannah Hamilton-Meikle	U15G Chirnside Chasers	46.37
6	Eva Fitzpatrick	U15G Law & District AAC	49.54

Event 31 Mixed 300 m 7-9 Band C

Best: 43.45 14/01/2017 Alyson Bell, Giffnock Nor			
Name	Age	Team	Final

Heat 1

1	Emma Kendal	U15G Carlisle Aspatria	46.35
2	Nina Walshkirk	U15G Stewartry AC	47.32
3	Emily Paul	U17W Dundee Hawk	47.37
4	Elsa Doyle	U15G To Be Confirmed	48.35
5	Eve Tulloch	U17W Elgin AAC	48.61

Heat 2

1	Fergus MacGilp	U15B Pitreavie AAC	41.06
2	Edward Docherty	U15B Inverclyde AC	43.94
3	Mateo Hughes	U15B Unattached	45.61
4	Holly Kirkwood	U15G VP-Glasgow AC	47.16
5	Kirsten Bowie	U15G Elgin AAC	50.75

Heat 3

1	Rebecca Grieve	U15G Pitreavie AAC	44.48
2	Samantha Dagg	U15G Tweed Leader	45.32
3	Molly Reville	U15G Nithsdale AC	45.99
4	Lucy Bennett	U15G Whitemoss AAC	52.44

Saturday 13th January

Emirates Arena, Glasgow

Event 32 Mixed 1500 m 1-3 Band A

Best: 3:57.17 14/01/2017 Callum Matthews, Kilbarchan			
Name	Age	Team	Final

Heat 1

1	Alex Johnston	U20M Pitreavie AAC	4:02.36
2	Owen Miller	SM Fife AC	4:03.13
3	Andrew MacAngus	U20M Kilbarchan AAC	4:03.23
4	Aaron Mangan	U20M Tullamore Harriers	4:04.07
5	Peter Cameron	SM Edinburgh AC	4:04.16
6	Jack Simpson	U20M Burton AC	4:04.48
7	Michael Cameron	SM Edinburgh AC	4:07.07
8	Kane Elliott	U17M Falkirk Vict	4:07.53
9	Andrew Brown	M40 To Be Confirmed	4:08.93
10	Christopher Whittle	U20M Tullamore Harriers	4:35.94

Heat 2

1	Robert Kennedy	SM Lothian Runn	4:03.61
2	Matthew Turner	SM Shettleston	4:03.62
3	Callum Hunter	SM Inverclyde AC	4:14.12
4	Adam Hay	U20M Inverclyde AC	4:16.55
5	Niall Harvey	U20M To Be Confirmed	4:17.04
6	Paul Morrison	U20M Cambuslang Harriers	4:17.21
7	Luke Davidson	U17M Inverness Ha	4:19.26
8	Robbie Ferguson	U20M Kilbarchan AAC	4:19.27
9	Euan Hood	U20M Lasswade AAC	4:20.91

Event 33 Mixed 1500 m 4-6 Band B

Best: 4:18.12 14/01/2017 Patrick Bowman, VP-Glasgow			
Name	Age	Team	Final

Heat 1

1	Michael Healy	M40 To Be Confirmed	4:23.30
2	Andrew Gibson	SM Shettleston	4:23.66
3	Chris Barlas	M35 Inverclyde AC	4:30.37
4	Howard Elliott	M50 Cumbernauld AAC	4:32.74
5	Robert Bartley	M40 Cumbernauld AAC	4:36.95
6	Jack Gladman T38	SM Stevenage &	4:39.31
7	Gary McKendrick	M50 Inverclyde AC	4:40.96
8	Fraser Armstrong	SM Bellahouston	4:41.39
9	David Hogg	M45 Cumbernauld AAC	4:42.02
10	Calum Little	U17M Cumbernauld AAC	4:42.81
11	James Geddes	U20M Inverness Ha	4:48.63

Heat 2

1	Lewis Elliot	U17M Glasgow Scho	4:28.86
2	Jenny Bannerman	SW Inverness Ha	4:36.78
3	Philip King	U17M Tullamore Harriers	4:41.03
4	Justin Carter	M45 Cambuslang Harriers	4:41.74
5	Jim White	M40 Motherwell AC	4:43.09
6	Chris Upson	M55 Cambuslang Harriers	4:47.93
7	Hughie Mackin	SM Newry AC	4:49.26
8	Ava O Connor	U15G To Be Confirmed	4:53.56
9	John McCaffrey	SM Newry AC	4:56.09
10	Keir Crawford	U17M Cambuslang Harriers	4:56.13

Event 34 Mixed 1500 m 7-9 Band C

Best: 4:34.63 14/01/2017 Ben Sandilands, Fife AC			
Name	Age Team		Final
Heat 1			
1 Arlo Van de Peer	U15B Cambuslang Harriers		4:46.04
2 Jack McCausland	U15B City of Lisburn AC		4:47.61
3 Gavin Crilly	M35 Newry AC		4:53.09
4 Paul Le Blanc	M55 To Be Confirmed		4:55.39
5 Victoria Lightbody	U15G City of Lisburn AC		4:57.08
6 Louise Hastie	U15G Kilbarchan AAC		4:57.88
7 Calum Ferguson	SM Bellahouston		4:58.97
8 Fiona Matheson	W55 Falkirk Vict		5:00.14
9 John Thomson	M60 Fife AC		5:00.78
10 Caleb McLeod	U13B Pitreavie AAC		5:03.42
11 Niamh Shaw	SW Lasswade AAC		5:04.30
Heat 2			
1 Cian Law	U17M Tullamore Harriers		4:52.37
2 Jamie Eyton-Jones	U15B Corstorphine AAC		4:59.36
3 Matthew Stewart	U15B Glasgow Scho		5:02.98
4 Allen Marr	M60 To Be Confirmed		5:11.32
5 Claire Thompson	W40 VP-Glasgow AC		5:13.21
6 Conor Broderick	U15B City of Lisburn AC		5:13.67
7 Alicia Paton	U20W Cumbernauld AAC		5:14.12
8 Caitilin Coffey	U15G Lisburn AC		5:18.62
9 Charlotte Morrison	U17W Moorfoot Runners		5:22.59
10 Lucy Muirhead	U17W East Kilbride AC		5:22.80
11 Miriam Gilbride	U17W Giffnock North AAC		5:24.14
12 Julie Wilson	W50 Inverness Ha		5:25.93

Event 35 Mixed 1500 m 10-12 Band D

Best: 4:42.61 14/01/2017 Fraser Armstrong, Bellahous			
Name	Age Team		Final
Heat 1			
1 Katie McCleery	U13G City of Lisburn AC		5:17.18
2 Sheila Doyle	U15G To Be Confirmed		5:25.09
3 Leah Muirhead	U15G East Kilbride AC		5:28.77
4 Catherine Ferry	W45 Edinburgh AC		5:29.76
5 Olivia Meikle	U13G Lasswade AAC		5:37.83
6 Lisa Walby	U17W Glasgow Scho		5:47.70
7 David Owens	U15B Tullamore Harriers		5:52.99
8 Ellie Ross	U15G Central AC		5:53.10
9 Kayleigh Roy	U13G Pitreavie AAC		5:54.28
Heat 2			
1 Colin Reilly	SM Cambuslang Harriers		4:23.16
2 Dearbhail Cuddy	U17W Tullamore Harriers		5:25.99
3 Anne Howie	W55 Aberdeen AAC		5:29.95
4 Anna Hedley	U13G City of Lisburn AC		5:34.36
5 Olivia Warboys	U13G Kilmarnock H&AC		5:48.55
6 David Burns	U17M To Be Confirmed		5:54.25
7 Belle McCormack	U15G Kilbarchan AAC		5:54.88
8 Alex Tully	U15G Dundee Hawk		6:20.16
-- Ava Manson	U17W City of Lisburn AC		DNF

Event 36 Mixed 200 m 1-3 Band A

Best: 21.56 14/01/2017 Grant Plenderleith, Falkirk V				
Name	Age	Team	Final	
Heat 1				
1 Alec Thomas		SM VP-Glasgow AC	21.94	
2 Freddie Owsley		SM Bristol & West AC	22.13	
3 Tyler Johnson		SM Jersey Spartans AC	22.73	
-- Kade Thomas		SM VP-Glasgow AC	DQ	163.3a
Heat 2				
1 Robbie Shaw		SM Aberdeen AAC	22.39	
2 Dylan Ali		SM Kilbarchan AAC	22.47	
3 Craig Moriarty	U20M	Pitreavie AAC	23.44	
Heat 3				
1 Alexander Young	U20M	Larkhall YMC	22.73	
2 Max Leslie	U17M	Edinburgh AC	22.98	
3 Blair Crawford		SM Kilbarchan AAC	23.31	
-- Steven Park		SM Lasswade AAC	DQ	163.3a

Event 37 Mixed 200 m 4-6 Band B

Best: 23.10 14/01/2017 Craig Moriarty, Pitreavie AA				
Name	Age	Team	Final	
Heat 1				
1 Euan Urquhart		SM VP-Glasgow AC	22.77	
2 Sam Dawkins		SM Jersey	22.88	
3 Jamie Stevenson	U17M	VP-Glasgow AC	23.06	
4 Billy Doyle	U17M	Pitreavie AAC	23.15	
5 Ross Freck		SM Aberdeen AAC	23.25	
Heat 2				
1 Ross Edmonds		SM Edinburgh AC	23.31	
2 Thomas Carter		SM Aberdeen AAC	23.54	
3 Alan Robertson	M40	Motherwell AC	23.82	
4 Scott McLuckie		SM Inverclyde AC	23.90	
Heat 3				
1 Scott Hannaway	U17M	Inverclyde AC	23.10	
2 Sol Stewart	U17M	VP-Glasgow AC	23.38	
3 Ryan Kyle		SM Corstorphine AAC	23.85	

Event 38 Mixed 200 m 7-9 Band C

Best: 23.15 14/01/2017 Ewan McArthur, VP-Glasgow A				
Name	Age	Team	Final	
Heat 1				
1 Marcus Archer		SM Aberdeen AAC	23.20	
2 Kieran Fraser		SM Shetland AAC	23.49	
3 Josh Smith	U17M	Kilmarnock H&AC	23.75	
4 Drew McIntyre	U20M	Inverclyde AC	23.89	
5 Josh Abbott	U17M	Chirnside Chasers	24.05	
6 Scott Fraser		SM Inverness Ha	24.29	
Heat 2				
1 Cameron Marshall	U17M	Fife AC	24.02	
2 David Agnew	M40	Pitreavie AAC	24.12	
3 Harry Kilner	U20M	Aberdeen AAC	24.34	
4 Adam Swalwell	U20M	Blyth Running Club	24.52	
Heat 3				
1 Chuxx Onyia		SM Kent AC	23.77	
2 Areeb Sherjil	U20M	Aberdeen AAC	24.26	
3 Scott Tindle	U20M	Tweed Leader	25.03	
-- Alkali Jammeh		SM Kilbarchan AAC	DQ	163.3a

Event 39 Mixed 200 m 10-12 Band D

Best: 23.63 14/01/2017 Sol Stewart, Larkhall YMC			
Name	Age	Team	Final
Heat 1			
1 Jamie Reid	U17M	Dundee Hawk	23.29
2 Steven Illand	SM	Stirling Uni	23.90
3 Sean McGraw	U17M	VP-Glasgow AC	24.21
4 Alexander Poustie-Willia	U15B	Edinburgh AC	24.24
5 Ross Mitchell	U17M	Larkhall YMC	24.34

Heat 2			
1 Callum Poole	U17M	Team East Lothian	24.82
2 Mark Magee	SM	Inverclyde AC	24.97
3 Eilidh de Klerk	SW	Dundee Hawk	25.14
4 James Young	U15B	Carlisle Aspatria	25.90

Event 40 Mixed 200 m 13-15 Band E

Best: 24.45 14/01/2017 Robert Young, Perth Strath			
Name	Age	Team	Final
Heat 1			
1 Kyle Dooley	U15B	Templemore AC	24.46
2 Christopher Miller	U17M	Tweed Leader	24.82
3 Malcolm Mcphail	M50	Northern Vets	25.11
4 Andrew Clydesdale	M40	East Kilbride AC	25.38
5 Lottie Jeffrey	U17W	Falkirk Vict	26.66

Heat 2			
1 Owen Doyle	U20M	Cumbernauld AAC	24.34
2 Joda Kokovworho	U20W	Aberdeen AAC	25.85
3 Aidyn McMahon	U15B	Kilmarnock H&AC	26.11
4 Ella Duane	U20W	Vale Royal	26.17
5 Katie Reville	U17W	Nithsdale AC	26.43

Heat 3			
1 Bailey Gallagher	U15B	Airdrie Harriers	25.47
2 Shona McLay	U17W	Central AC	25.92
3 Niamh Robertson	U20W	Dundee Hawk	27.36
4 Matilda Press	U17W	Ayr Seaforth AAC	27.74

Event 41 Mixed 200 m 16-18 Band F

Best: 24.67 14/01/2017 Finlay Waugh, Annan & Dist			
Name	Age	Team	Final
Heat 1			
1 Kyle Potts	SM	Teviotdale Harriers	24.56
2 Ross Mcauley	U17M	Larkhall YMC	26.15
3 Elizabeth Thompson	U17W	Central AC	26.29
4 Katie Sharkey	U17W	Central AC	26.32
5 Kirsten McClymont	U20W	Ayr Seaforth AAC	26.81

Heat 2			
1 James Park	SM	Unattached	26.19
2 Sophie Elder	SW	Lasswade AAC	26.50
3 Megan Gowans	U17W	Dundee Hawk	26.61
4 Nadia Simpson	U20W	Ayr Seaforth AAC	26.64
5 Darrin Cameron	SM	Moray Road Runners	27.20

Heat 3			
1 Andrea Goodman	U20W	Dundee Hawk	26.36
2 Aidan Brindley	U15B	North Ayrshire AC	26.65
3 Leah Keisler	U17W	Law & District AAC	27.29
4 Ailsa Marsh	U17W	Pitreavie AAC	27.32
5 Mia Downie	U17W	Lasswade AAC	28.32

Event 42 Mixed 200 m 19-21 Band G

Best: 25.46 14/01/2017 Lewis Darnbrough, Stirling Un			
Name	Age Team		Final
Heat 1			
1 Cameron Muffett	U15B Nithsdale AC		25.85
2 Mark Connolly	U17M Law & District AAC		26.20
3 Evie Semple	SW Inverclyde AC		26.59
4 Jaime Hood	U20W Ayr Seaforth AAC		27.02
5 Brian Martin	M45 Giffnock North AAC		32.52
Heat 2			
1 Rebecca Olaleye	U20W Aberdeen AAC		26.06
2 Tamsin Fowlie	U15G Elgin AAC		27.57
3 Katie McAlpine	U20W Ayr Seaforth AAC		27.72
4 Rebecca Grieve	U15G Pitreavie AAC		27.86
-- Sian Corrigan	U17W To Be Confirmed	DQ	163.3a
Heat 3			
1 Georgia Morrison	U17W Inverclyde AC		26.96
2 Emilija Morrison	U20W Pitreavie AAC		27.23
3 Billy Corrigan	U17M To Be Confirmed		27.27
4 Ashleigh Farr	U17W Law & District AAC		27.46
-- Morrin McMenemy	U17W Airdrie Harriers	DQ	163.3a

Event 43 Mixed 200 m 22-24 Band H

Best: 26.38 14/01/2017 Ben Knowles, Pitreavie AA			
Name	Age Team		Final
Heat 1			
1 Owen Selfridge	U17M East Kilbride AC		27.87
2 Jordan O'Neill	U15B East Kilbride AC		28.00
3 Emily Rooney	U15B Glasgow Scho		28.20
4 Beth Aitken	U17W Pitreavie AAC		28.27
5 Freya Cowan	U17W Giffnock North AAC		28.70
Heat 2			
1 Imran Hossain	U15B Edinburgh AC		27.04
2 Bethany Haugh	U17W Ayr Seaforth AAC		28.01
3 Katie Pearson	U20W Airdrie Harriers		28.61
4 Fraser McKenzie	SM Ayr Seaforth AAC		29.02
Heat 3			
1 James Bell	U13B Carlisle Aspatria		27.13
2 Silver Nwabuzor	U15G Glasgow Scho		27.94
3 Madison Murdoch	U13G Larkhall YMC		28.57
4 Nicole Furness	U17W Falkirk Vict		28.94
-- Douglas Dickson	M50 Kilmarnock H&AC	DQ	163.3A

Event 44 Mixed 200 m 25-27 Band I

Best: 27.13 14/01/2017 Sophie Slider, Ayr Seaforth			
Name	Age Team		Final
Heat 1			
1 Brogan Beattie	U15G Tweed Leader		27.56
2 Sophie Wallwork	U15G Pitreavie AAC		27.94
3 Harris Morrison	U13B Inverclyde AC		28.19
4 Erin Ramsay	U13G Ayr Seaforth AAC		28.21
5 Dean Patterson	U13B Larkhall YMC		28.73
6 Ben Heron	U13B North Ayrshire AC		29.12
Heat 2			
1 Mateo Hughes	U15B Unattached		28.05
2 Lucy Fraser	U15G Perth Strath		28.37
3 April Heggie	U20W Perth Strath		28.94
4 Mairi Weir	U20W Elgin AAC		29.58
5 Niamh McIntosh	U15G Inverclyde AC		29.94
Heat 3			
1 Colin Wylie	M45 Giffnock North AAC		28.05
2 Orla Lang	U17W Giffnock North AAC		28.99
3 Libby White	U13G Ayr Seaforth AAC		29.40
4 Meadow McCauley	U17W Newry AC		29.46
5 Robert Phin	M60 Springburn Harriers		30.29

Event 45 Mixed 200 m 28-30 Band J

Best: 25.06 14/01/2017 Sean McGraw, VP-Glasgow A			
Name	Age Team		Final
Heat 1			
1 Claire Nicholson	U17W Pitreavie AAC		28.63
2 Stroma Fraser	U13G Inverness Ha		28.93
3 David Cathcart	U15B Moorfoot Runners		29.18
4 Graeme Breslin	M50 Corstorphine AAC		29.65
5 Emma Young	U15G Larkhall YMC		29.79
Heat 2			
1 Daniel Martin	U13B Giffnock North AAC		28.63
2 Megan Roberts	U20W Perth Strath		28.99
3 Ria Conacher	U13G Dundee Hawk		29.18
4 Logan Kerr	U13B Tweed Leader		29.20
5 Emma Millar	U20W Airdrie Harriers		29.58
Heat 3			
1 Charlie Gaskin	U13B Kilmarnock H&AC		27.80
2 Richard Clark	M40 Edinburgh AC		27.83
3 Angela Margitta Kelly	U13G Aberdeen AAC		29.24
4 Maia Helm	U15G Dunfermline		29.73

Event 46 Mixed 200 m 31-33 Band K

Best: 28.54 14/01/2017 April Heggie, Perth Strath			
Name	Age Team		Final
Heat 1			
1 Cameron Martin	U15B Larkhall YMC		29.35
2 Alex Waugh	U13B Annan & District AC		29.86
3 Taylor McNamara	U15G East Kilbride AC		30.01
4 Finlay Marchant	U15B Central AC		30.48
Heat 2			
1 Anastasia Stone	U15G Carlisle Aspatia		29.12
2 Ella McGregor	U15G Giffnock North AAC		29.68
3 Sophie Evans	U15G Larkhall YMC		29.79
4 Charlie Rae	U15B Teviotdale Harriers		30.85
Heat 3			
1 Jai Patterson	U17M Teviotdale Harriers		30.09
2 Beth MacKay	U17W Elgin AAC		30.39
3 Rachael Morran	U15G Giffnock North AAC		30.52
4 Ben Hughes	U13B Giffnock North AAC		31.48

Event 47 Mixed 200 m 34-36 Band L

Best: 29.01 14/01/2017 Harris Morrison, Inverclyde A			
Name	Age Team		Final
Heat 1			
1 Jenna Beswick	U13G Ayr Seaforth AAC		30.26
2 Omar Bajo	U13B Team East Lothian		30.32
3 Clodagh Doran	U15G Newry AC		31.09
4 Erin Miller	U15G Central AC		31.22
Heat 2			
1 Rhys Hogg	U15B Larkhall YMC		29.98
2 Niamh McGarva	U15G Inverclyde AC		30.62
3 Eve Crawford	U13G Airdrie Harriers		31.38
4 Taylor Fitchet	U15G Dundee Hawk		32.15
5 Sarah Burns	U13G Corstorphine AAC		32.47
Heat 3			
1 Sean McMichan	U15B Unattached		29.89
2 Rosie Morrison	U15G Ayr Seaforth AAC		30.45
3 Gemma Woods	U13G East Kilbride AC		31.56
4 Joanne McCauley	W40 Newry AC		32.53
5 Penny Johnson	W55 Aberdeen AAC		33.41

Event 48 Mixed 200 m 37-40 Band M

Best: 24.75 14/01/2017 Kieran Fraser, Shetland AAC			
Name	Age Team		Final
Heat 1			
1 Chloe Hill	U13G Larkhall YMC		29.36
2 Eve Beswick	U13G Ayr Seaforth AAC		31.09
3 Lana Stanger	U13G Teviotdale Harriers		32.14
4 Sarah Clydesdale	U15G East Kilbride AC		32.70
5 Leah Rigley	U13G Giffnock North AAC		32.93
6 Rebekah Rose	U17W Perth Strath		33.73
Heat 2			
1 Ryan McMichan	U13B Unattached		30.68
2 Sam McCallum	U13B Kilmarnock H&AC		31.30
3 Chloe O'Hare	U17W Newry AC		31.91
4 Maisie Hopkins	U13G Whitemoss AAC		34.36
5 Leah Mooney	U15G Larkhall YMC		34.53
Heat 3			
1 Arlo Van de Peer	U15B Cambuslang Harriers		26.19
2 Kirsten Bowie	U15G Elgin AAC		29.43
3 Kaitlyn Clark	U13G Larkhall YMC		32.93
4 Taylor More	U13G Airdrie Harriers		34.65
5 Maddi Patterson	U13G Teviotdale Harriers		34.83

Event 49 Mixed Long Jump Pool 4

Best: 4.65m 14/01/2017 Katie Burr, VP-Glasgow A			
Name	Age	Team	Final
Pool 1			
1 Leah Keisler		U17W Law & District AAC	5.03m
5.03m 5.01m 4.95m			
2 Ella Bryce		U17W Whitemoss AAC	4.72m
4.72m 4.63m 4.29m			
3 Jacob Callaghan		U15B Dunfermline	4.47m
4.47m 4.21m 4.35m			
4 Elena Breadner		U17W Glasgow Scho	4.42m
FOUL 4.42m FOUL			
5 Ben Heron		U13B North Ayrshire AC	4.31m
4.23m 4.31m FOUL			
6 Maia Helm		U15G Dunfermline	4.29m
3.79m 4.29m 4.17m			
7 Niamh Gaffney		U13G North Ayrshire AC	4.28m
4.03m 4.09m 4.28m			
8 Max Evans		U13B Team East Lothian	4.23m
4.04m 4.23m 4.19m			
9 Olivia Anderson		U13G Edinburgh AC	4.20m
FOUL 4.20m 3.60m			
10 Aidan McGarrigle		U13B Inverclyde AC	4.15m
3.98m 4.15m 3.86m			
11 Eve Rennie		U17W Fife AC	4.11m
4.11m 3.39m FOUL			
12 Josh Scott		U13B Airdrie Harriers	4.09m
4.09m 3.94m 3.92m			
13 Lauren Agnew		U15G Giffnock North AAC	4.08m
FOUL 4.08m 4.04m			
14 Brodie Wright		U13B VP-Glasgow AC	3.96m
FOUL 3.95m 3.96m			
15 Lucy McCormack		U15G Law & District AAC	3.95m
3.77m 3.95m 3.76m			
16 Kacey Taitt		U15G Tweed Leader	3.91m
3.91m 3.84m 3.47m			
17 Michael McGonagle		U15B Finn Valley AC	3.89m
FOUL 3.89m FOUL			

Event 50 Mixed Triple Jump Pool 2

Best: 10.96m 14/01/2017 Thomas O'Hear, Cumbernauld				
Name	Age	Team		Final
1 Neve McGuire		U17W Glasgow Scho		10.13m
	10.13m	9.23m	9.99m	
2 Joseph Gillespie		U15B Finn Valley AC		10.11m
	9.97m	10.11m	10.04m	
3 Amy Thomson		U20W Glasgow Scho		10.04m
	FOUL	10.04m	FOUL	
4 Megan Roberts		U20W Perth Strath		9.70m
	FOUL	9.60m	9.70m	
5 Mairi Darroch		U17W Inverness Ha		9.53m
	9.31m	9.37m	9.53m	
6 Jodie Robertson		U17W Cumbernauld AAC		9.46m
	9.30m	9.45m	9.46m	
7 Beth Aitken		U17W Pitreavie AAC		9.30m
	FOUL	9.30m	9.00m	
8 Laura Buchan		U15G Team East Lothian		9.24m
	9.18m	FOUL	9.24m	
9 Holly Kirkwood		U15G VP-Glasgow AC		9.15m
	9.15m	9.03m	9.15m	
10 Steve Wallace		M55 Pitreavie AAC		9.09m
	8.56m	FOUL	9.09m	
11 Beth McGuigan		U17W Glasgow Scho		9.06m
	9.06m	FOUL	9.01m	
12 Finn Regan		U15B Shetland AAC		9.04m
	9.04m	8.89m	8.88m	
13 Aine Wilkinson		U17W Finn Valley AC		8.93m
	8.93m	FOUL	8.65m	
14 Brooke Steel		U15G Carlisle Aspatria		8.34m
	7.61m	8.34m	8.34m	
15 Dominic Burns		U15B Glasgow Scho		8.18m
	FOUL	8.18m	8.18m	
16 Caitlin McGonagle		U17W Finn Valley AC		7.90m
	7.69m	7.90m	7.82m	
17 Cameron Fairgrieve		U15G Glasgow Scho		7.78m
	FOUL	7.78m	7.77m	

Event 51 Mixed Shot Put Pool 2

Best: 9.82m 14/01/2017 Andrew Costello, Kilbarchan A				
Name	Age	Team	Final	
1 Alexander Mackay	U17M	Ross County	11.51m	5kg
10.99m 11.51m 11.27m				
2 Amy Kennedy	U15G	Cumbernauld AAC	10.26m	3kg
9.06m 9.90m 10.26m				
3 Hannah Hamilton-Meikle	U15G	Chirnside Chasers	9.83m	3kg
9.83m 9.83m 9.69m				
4 Jennifer Dallas	U15G	Giffnock North AAC	9.60m	3kg
9.12m FOUL 9.60m				
5 Hannah Kingham	U15G	Elgin AAC	9.55m	3kg
9.11m 9.24m 9.55m				
6 Oliver Maher	U17M	Giffnock North AAC	9.46m	5kg
9.29m 9.32m 9.46m				
7 Claire Cameron	W55	VP-Glasgow AC	9.34m	3kg
9.02m 9.08m 9.34m				
8 Leah Cameron	U17W	Inverclyde AC	9.02m	3kg
9.02m 8.46m 8.26m				
9 Lucy Wroe	U17W	Whitemoss AAC	9.01m	3kg
9.01m 8.68m 8.96m				
10 Stella Coutts	U15G	Cumbernauld AAC	8.76m	3kg
8.68m 8.67m 8.76m				
11 Martin Beattie	SM	Elgin AAC	8.47m	7.26kg
8.13m 8.16m 8.47m				
12 Rebekah Rose	U17W	Perth Strath	8.00m	3kg
7.00m 6.98m 8.00m				
13 Leah Murray	U15G	North Ayrshire AC	7.70m	3kg
7.51m 7.01m 7.70m				

Event 52 Mixed Pole Vault Pool 2

Best: 3.07m 14/01/2017 Matthew Meredith, Central AC				
Name	Age	Team	Final	
1 Kara Bradbeer	SW	Pitreavie AAC	3.30m	
3.07 3.20 3.30 3.40				
XO O XO XPP				
2 Sara Barbour	U17W	Kilmarnock H&AC	2.57m	
2.37 2.57 2.77				
O XO XXX				
3 Cara McCauley	U17W	VP-Glasgow AC	2.57m	
2.17 2.37 2.57 2.77				
O O XXO XXX				
4 Ben Knowles	U17M	Pitreavie AAC	2.57m	
1.97 2.17 2.37 2.57 2.77				
O O XO XXO XXX				
5 Morgan MacDougall	U17W	East Kilbride AC	2.37m	
2.17 2.37 2.57				
O O XXX				
6 Alister Mackay	U15B	Ross County	2.37m	
2.17 2.37 2.57				
XXO O XXX				
7 Rosie Brown	U17W	Edinburgh AC	2.37m	
2.17 2.37 2.57				
O XO XXX				

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Event 53 Mixed Triple Jump Pool 1

Best: 14.20m 14/01/2017 Aidan Quinn, Glasgow Scho				
Name	Age	Team	Final	
1 Aidan Quinn		U20M Glasgow Scho	14.86m	
14.49m 14.86m			FOUL	
2 Miraji Ahmed		U17M Glasgow Scho	14.12m	
14.12m 13.99m			13.95m	
3 Alessandro Schenini		U20M Giffnock North AAC	13.11m	
13.10m 13.11m			FOUL	
4 Carolyn Harvey		SW Ayr Seaforth AAC	11.77m	
FOUL FOUL			11.77m	
5 Julien Gittens		M55 Leeds City AC	11.76m	
11.76m 11.11m			11.32m	
6 Tom Jamieson		SM Shetland AAC	11.74m	
11.20m 11.74m			11.69m	
7 Thomas Ashley		U17M Glasgow Scho	11.73m	
11.73m 11.47m			11.33m	
8 Shona Ross		SW Kilbarchan AAC	11.60m	
11.53m 11.36m			11.60m	
9 Thomas O'Hear		U20M Cumbernauld AAC	11.24m	
11.24m 11.11m			10.36m	
10 Ellie O'Hara		U17W Edinburgh AC	10.94m	
10.63m 10.94m			10.77m	
11 Darrin Cameron		SM Moray Road Runners	10.64m	
10.64m 10.37m			10.54m	
12 Fiona Davidson		W45 Aberdeen AAC	10.43m	
FOUL 10.43m			10.34m	
-- Cara Fairgrieve		U17W Glasgow Scho	FOUL	
FOUL FOUL			FOUL	
-- Alexandra Burns		U20W Helensburgh AAC	FOUL	
FOUL FOUL			FOUL	

Event 54 Mixed Shot Put Pool 1

Best: 12.87m 14/01/2017 Andrew Murphy, Kilbarchan A				
Name	Age	Team	Final	
1 Kyle Randalls		SM Falkirk Vict	14.83m	7.26kg
14.66m 14.83m			14.30m	
2 Craig Winslow		SM To Be Confirmed	13.74m	7.26kg
13.36m 13.74m			FOUL	
3 William Falconer		M35 Birchfield Harriers	13.56m	7.26kg
13.56m FOUL			13.02m	
4 Angus McInroy		SM Shaftesbury	13.50m	7.26kg
13.13m 13.50m			FOUL	
5 Murdo Masterson		SM Mid Argyll Athle	13.03m	7.26kg
13.03m FOUL			12.27m	
6 Ross Morgan		U15B Whitemoss AAC	12.23m	4kg
12.23m 11.04m			12.08m	
7 Jacob Carr		U15B Pitreavie AAC	11.73m	4kg
11.73m 10.39m			10.96m	
8 Kyle McAulay		U17M Whitemoss AAC	11.33m	5kg
11.18m 11.02m			11.33m	
9 John Angus		U20M Aberdeen AAC	11.29m	6kg
11.18m 11.29m			11.08m	
10 Keira Waddell		U17W Edinburgh AC	10.73m	3kg
10.73m 9.27m			10.06m	
11 Euan Urquhart		SM VP-Glasgow AC	10.18m	7.26kg
9.88m 10.06m			10.18m	
12 Murray Fotheringham		U17M Giffnock North AAC	8.59m	5kg
8.59m 8.48m			8.07m	

Event 55 Mixed Long Jump Pool 6

Best: 4.14m 14/01/2017 Kate Scott, Gala Harrier			
Name	Age	Team	Final
1 Nathan Griffins	U17M	To Be Confirmed	4.97m
4.75m 4.94m 4.97m			
2 Logan Kerr	U13B	Tweed Leader	4.40m
4.30m 4.38m 4.40m			
3 Leah Murray	U15G	North Ayrshire AC	4.40m
4.12m 4.31m 4.40m			
4 Christvie Lunganga	U15G	Lucan Harriers & AC	4.31m
4.11m 4.31m 3.83m			
5 Sophie Reihill	U15G	Lucan Harriers & AC	4.16m
3.87m 4.16m 4.14m			
6 Paul Serpenskas	U15B	Team East Lothian	4.02m
2.63m 4.01m 4.02m			
7 Chelsea Olumba	U13G	Lucan Harriers & AC	3.87m
3.02m 3.87m 3.63m			
8 Emma Reihill	U13G	Lucan Harriers & AC	3.64m
3.56m 3.64m 3.41m			
9 Samantha McClune	U15G	North Ayrshire AC	3.54m
3.54m 3.43m 3.29m			
10 Archie Lynch	U13B	Harmeny AC	3.43m
3.37m FOUL 3.43m			
11 Ella McGregor	U15G	Giffnock North AAC	3.25m
2.74m 2.57m 3.25m			
12 Evie Little	U13G	Carlisle Aspatria	3.22m
3.22m FOUL 3.15m			
13 Kyle Weir	U13B	Larkhall YMC	3.20m
3.20m 3.18m 2.94m			
14 Scarlett Jardine	U13G	Carlisle Aspatria	3.18m
3.05m 3.18m 3.11m			
15 Taylor More	U13G	Airdrie Harriers	3.11m
3.11m 2.95m 2.91m			
16 Abby Docherty	U13G	North Ayrshire AC	2.37m
2.37m 1.71m 1.98m			

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Event 56 Mixed Pole Vault Pool 1

Best: 5.15m 14/01/2017 Jax Thoirs, VP-Glasgow A						
Name	Age	Team				Final
1 Dylan Thomson	U20M	Pitreavie AAC	4.17	4.35	4.50	4.65m
			4.65	4.75		
			XO	O	O	XXX
2 Daniel McFarlane	U20M	Ross County	3.57	3.77	3.97	4.07m
			4.07	4.17		
			O	O	XXO	O
3 Adam Orr	U20M	VP-Glasgow AC	3.37	3.57	3.77	3.77m
			3.97			
			O	O	XO	XXX
4 Ian Coghill	SM	Inverness Ha	3.37	3.57	3.77	3.77m
			3.97			
			O	XO	XXO	XXX
5 Reuben Nairne	U17M	Giffnock North AAC	3.37	3.57	3.77	3.57m
			XO	XO	XXX	
6 Alexander MacKay	U17M	Ross County	3.17	3.37	3.57	3.57m
			3.77			
			O	O	XXO	XXX
6 Hannah Lawler	SW	Edinburgh AC	3.17	3.37	3.57	3.57m
			3.77			
			O	O	XXO	XXX
8 Kirsten Mullen	SW	Edinburgh AC	3.17	3.37	3.57	3.37m
			XO	O	XXX	
-- Andrew McFarlane	U20M	Ross County	3.97			NH
			XXX			

Event 57 Mixed Long Jump Pool 1

Best: 7.27m 14/01/2017 Allan Hamilton, Sale Harrier						
Name	Age	Team				Final
1 Alessandro Schenini	U20M	Giffnock North AAC	7.05m	7.12m	FOUL	7.12m
2 Ben McGuire	SM	Shaftesbury	FOUL	6.93m	FOUL	6.93m
3 Calum Henderson	U20M	Edinburgh AC	FOUL	6.82m	FOUL	6.82m
4 James McIntosh	U17M	Aberdeen AAC	6.07m	FOUL	5.82m	6.07m
5 David Carson Graham SM	M40	Shettleston	5.99m	5.82m	5.85m	5.99m
6 Mark Carroll	U17M	Templemore AC	FOUL	5.75m	5.51m	5.75m
7 Alexandra Burns	U20W	Helensburgh AAC	FOUL	5.53m	5.65m	5.65m
8 Gillian Cooke	W35	Edinburgh AC	5.37m	5.45m	5.64m	5.64m
9 Emma Canning	SW	Edinburgh AC	FOUL	FOUL	5.35m	5.35m
10 Lauren Callaghan	U17W	Finn Valley AC	FOUL	5.21m	5.16m	5.21m
11 Maeve Hayes	U17W	St Pauls Athleti	4.86m	4.68m	FOUL	4.86m
12 Adam Dooley	U20M	Templemore AC	FOUL	3.05m	FOUL	3.05m
-- Rachel Alexander	SW	Giffnock North AAC	FOUL	FOUL	FOUL	FOUL

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Event 58 Mixed Shot Put Pool 3

Best: 10.34m 14/01/2017 Ross Morgan, Whitemoss AA				
Name	Age	Team	Final	
1 Iris Williams	U17W	Giffnock North AAC	9.45m	3kg
9.40m 9.45m 8.06m				
2 Ellen Ranklin	U17W	Dunfermline	9.34m	3kg
9.29m 9.34m 8.30m				
3 Alister Mackay	U15B	Ross County	8.97m	4kg
8.97m 8.53m 7.78m				
4 Rachael Methven	U20W	Central AC	7.96m	4kg
7.96m 7.28m 7.22m				
5 Courtney Fraser	U13G	Whitemoss AAC	7.07m	2.72kg
7.07m 7.00m 6.72m				
6 Emily Bradshaw	U15G	North Ayrshire AC	6.64m	3kg
5.79m 5.95m 6.64m				
7 Niamh McGarva	U15G	Inverclyde AC	6.60m	3kg
6.60m 6.58m 6.29m				
8 Lewis Craigie	U15B	Whitemoss AAC	6.43m	4kg
6.43m 6.38m 6.37m				
9 David Rose	U15B	Perth Strath	6.42m	4kg
FOUL 6.10m 6.42m				
10 Kirsty Whyte	U15G	Whitemoss AAC	6.17m	4kg
5.66m 6.17m 5.98m				

Event 59 Mixed High Jump Pool 1

Best: 2.06m 14/01/2017 Marcus Morton, VP-Glasgow A				
Name	Age	Team	Final	
1 Allan Smith	SM	Shaftesbury	2.21m	
1.91 1.96 2.01 2.06 2.11 2.16 2.21				
O PPP O PPP O O XO				
2 Lewis McGuire	SM	Shaftesbury	2.11m	
1.96 2.01 2.06 2.11 2.16				
O O O XXO XXX				
3 Marcus Morton	SM	VP-Glasgow AC	1.91m	
1.81 1.86 1.91 1.96				
O O XO XXX				
4 Nikki Manson	SW	Giffnock North AAC	1.81m	
1.71 1.76 1.81 1.86				
O O O XXX				
5 Murray Fotheringham	U17M	Giffnock North AAC	1.81m	
1.71 1.76 1.81 1.86				
O XO O XXX				
6 Scott Brindley	U17M	North Ayrshire AC	1.81m	
1.76 1.81 1.86				
XXO XXO XXX				
7 Euan Urquhart	SM	VP-Glasgow AC	1.76m	
1.61 1.66 1.71 1.76 1.81				
O O XO O XXX				
8 Gavin Wilson	U17M	VP-Glasgow AC	1.76m	
1.61 1.66 1.71 1.76 1.81				
O O O XXO XXX				
9 Jamie Tobin	U17M	Cumbernauld AAC	1.76m	
1.66 1.71 1.76 1.81				
O XO XXO XXX				
10 Andrew McFarlane	U20M	Ross County	1.71m	
1.71 1.76				
XO XXX				
10 Callum Simpson	U17M	Edinburgh AC	1.71m	
1.66 1.71 1.76				
O O XXX				
10 Samuel Turnbull	U15B	Pitreavie AAC	1.71m	
1.61 1.66 1.71 1.76				
O O O XXX				

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Event 60 Mixed High Jump Pool 4

Best: 1.45m 14/01/2017 Amy Kennedy, Cumbernauld											
Name	Age	Team					Final				
1 Angela Margitta Kelly	U13G	Aberdeen AAC	1.21	1.26	1.31	1.36	1.41	1.46	1.41m		
			O	O	XO	O	O	XXX			
2 Finn Regan	U15B	Shetland AAC	1.26	1.31	1.36	1.41	1.46		1.41m		
			O	O	XXO	O	XXX				
3 Leah Murray	U15G	North Ayrshire AC	1.21	1.26	1.31	1.36	1.41	1.46	1.41m		
			O	O	XXO	XXO	O	XXX			
4 Claudia Moran	U15G	Dundrum Sout	1.21	1.26	1.31	1.36	1.41	1.46	1.41m		
			O	O	O	O	XXO	XXX			
5 Dean Patterson	U13B	Larkhall YMC	1.06	1.11	1.16	1.21	1.26	1.31	1.36	1.41	1.36m
			O	O	O	O	O	XO	XO	XXX	
6 Paul Serpenskas	U15B	Team East Lothian	1.11	1.16	1.21	1.26	1.31	1.36		1.31m	
			O	O	O	O	O	XXX			
7 Katie Irving	U13G	Carlisle Aspatria	1.11	1.16	1.21	1.26	1.31	1.36		1.31m	
			O	O	O	O	XO	XXX			
8 Brodie Wright	U13B	VP-Glasgow AC	1.06	1.11	1.16	1.21	1.26	1.31		1.26m	
			O	XO	O	O	O	XXX			
9 Oliver Morrison	U13B	Dunfermline	1.06	1.11	1.16	1.21	1.26	1.31		1.26m	
			O	XO	O	XO	O	XX			
10 Nuala O'Donnell	U15G	Giffnock North AAC	1.06	1.11	1.16	1.21	1.26	1.31		1.26m	
			O	XXO	O	XO	O	XXX			
11 Ethan Cunningham	U15B	Cumbernauld AAC	1.21	1.26	1.31					1.26m	
			XO	XO	XXX						
12 Josh Scott	U13B	Airdrie Harriers	1.06	1.11	1.16	1.21	1.26			1.21m	
			O	O	O	O	XXX				
13 Blair McAuley	U15B	Larkhall YMC	1.06	1.11	1.16	1.21	1.26			1.21m	
			XO	O	O	O	XXX				
14 Emily Watson	U13G	Giffnock North AAC	1.06	1.11	1.16	1.21	1.26			1.21m	
			O	O	XXO	XO	XXX				
15 Sam McCallum	U13B	Kilmarnock H&AC	1.06	1.11	1.16	1.21				1.16m	
			O	O	O	XXX					
16 Aoibha Ballard	U13G	North Ayrshire AC	1.06	1.11	1.16	1.21				1.16m	
			O	XXO	O	XXX					

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Event 61 Mixed Long Jump Pool 3

Best: 5.50m 14/01/2017 Finlay Waugh, Annan & Dist			
Name	Age	Team	Final
1 Elliot Wilkins	U17M	Dunfermline	5.03m
5.03m 4.81m 4.70m			
2 Ashleigh Farr	U17W	Law & District AAC	5.02m
5.02m 5.02m 5.02m			
3 Abbey Orr	U15G	VP-Glasgow AC	4.97m
4.97m 4.75m 4.93m			
4 Coirilidh Cook	U15G	Central AC	4.91m
4.78m 4.88m 4.91m			
5 Anna McCracken	U17W	Glasgow Scho	4.88m
4.88m 4.68m 4.73m			
6 Hannah Hamilton-Meikle	U15G	Chirnside Chasers	4.78m
4.74m 4.62m 4.78m			
7 Mya McMahon	U13G	Dunfermline	4.76m
4.76m 4.69m 4.72m			
8 Alistair Mackay	U15B	Ross County	4.70m
4.48m 4.31m 4.70m			
9 Nicola Waite	U15G	VP-Glasgow AC	4.61m
4.49m 4.57m 4.61m			
9 Rosie Sharples	U15G	Falkirk Vict	4.61m
4.61m 4.37m FOUL			
11 Christie McSkimming	U20W	Whitemoss AAC	4.57m
4.55m FOUL 4.57m			
12 Stroma Fraser	U13G	Inverness Ha	4.52m
4.46m 4.30m 4.52m			
13 Olivia Wilson	U15G	Falkirk Vict	4.51m
4.51m 4.49m 4.45m			
14 Amy Chambers	U20W	Edinburgh AC	4.41m
4.25m 4.41m 4.19m			
14 Niamh McIntosh	U15G	Inverclyde AC	4.41m
4.27m 4.40m 4.41m			
16 Caleb McLeod	U13B	Pitreavie AAC	4.30m
FOUL 4.30m FOUL			
17 Fraser McKenzie	SM	Ayr Seaforth AAC	2.62m
FOUL 2.62m FOUL			
-- Kirsty Craig U17	U17W	Whitemoss AAC	FOUL
FOUL FOUL FOUL			

Event 62 Mixed Shot Put Pool 4

Best: 11.29m 14/01/2017 Daniel McFarlane, Ross Count			
Name	Age	Team	Final
1 Sean McGrane	U20M	Dundrum Sout	10.44m 6kg
10.26m 10.44m 10.44m			
2 Emma Roche	U17W	Dundrum Sout	8.39m 3kg
8.39m 7.74m 7.58m			
3 Gianna Nesti	U15G	To Be Confirmed	6.96m 3kg
6.57m 6.96m 6.78m			
4 Ellie Ross	U15G	Central AC	5.73m 3kg
5.62m 5.73m 5.64m			
5 Eilidh Beggan	U13G	Whitemoss AAC	5.49m 2.72kg
5.49m 5.27m 4.99m			
6 Evie Little	U13G	Carlisle Aspatria	4.73m 2.72kg
4.13m 4.73m 4.68m			
7 Dylan Gee	U13B	North Ayrshire AC	4.28m 3.25kg
4.09m 4.14m 4.28m			
8 Eilidh Veitch	U13G	Giffnock North AAC	4.19m 2.72kg
3.92m 4.19m 4.15m			

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Event 63 Mixed High Jump Pool 3

Best: 1.56m 14/01/2017 Jacob Carr, Pitreavie AA						
Name	Age Team					Final
1 Ellen Ranklin	U17W Dunfermline					1.54m
	1.36	1.41	1.46	1.51	1.54	1.57
	O	O	XXO	O	O	XXX
2 Sinead Steel	U17W Pitreavie AAC					1.51m
	1.31	1.36	1.41	1.46	1.51	1.54
	O	O	O	O	XO	XXX
3 Amy Chambers	U20W Edinburgh AC					1.51m
	1.31	1.36	1.41	1.46	1.51	1.54
	O	O	O	O	XXO	XXX
4 Evie Greig	U15G VP-Glasgow AC					1.46m
	1.31	1.36	1.41	1.46	1.51	
	O	O	O	O	XXX	
5 Elliot Wilkins	U17M Dunfermline					1.46m
	1.31	1.36	1.41	1.46	1.51	
	XO	XO	XO	O	XXX	
6 Niamh Cameron Coyle	U20W VP-Glasgow AC					1.46m
	1.41	1.46	1.51			
	O	XO	XXX			
7 Jodie Robertson	U17W Cumbernauld AAC					1.46m
	1.41	1.46	1.51			
	O	XXO	XXX			
8 Grace Thompson	U17W VP-Glasgow AC					1.46m
	1.41	1.46	1.51			
	XO	XXO	XXX			
9 Emily O'Shea	U15G Kilmarnock H&AC					1.41m
	1.36	1.41	1.46			
	O	O	XXX			
9 Caitlin Cameron Coyle	U17W VP-Glasgow AC					1.41m
	1.31	1.36	1.41	1.46		
	O	O	O	XXX		
11 Hannah Kingham	U15G Elgin AAC					1.41m
	1.31	1.36	1.41	1.46		
	O	XO	O	XXX		
12 Maia Helm	U15G Dunfermline					1.41m
	1.26	1.31	1.36	1.41	1.46	
	O	O	O	XO	XXX	
13 Cara Wilkinson	U15G Finn Valley AC					1.36m
	1.31	1.36	1.41			
	O	O	XXX			
14 Ella Bryce	U17W Whitemoss AAC					1.36m
	1.31	1.36	1.41			
	XO	O	XXX			
15 Olivia Anderson	U13G Edinburgh AC					1.36m
	1.26	1.31	1.36	1.41		
	O	O	XO	XXX		

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Event 64 Mixed High Jump Pool 2

Best: 1.61m 14/01/2017 Adam Leighton, Lasswade AAC						
Name	Age	Team				Final
1 Carmen Neat		U17W Aberdeen AAC				1.66m
	1.56	1.61	1.66	1.71		
	O	O	O	XXX		
2 David Carson Graham		M40 Shettleston				1.66m
	1.56	1.61	1.66	1.71		
	O	XXO	XO	XXX		
2 Jacob Carr		U15B Pitreavie AAC				1.66m
	1.46	1.51	1.56	1.61	1.66	1.71
	O	O	O	XXO	XO	XXX
4 Amy Gullen		SW Central AC				1.66m
	1.51	1.56	1.61	1.66	1.71	
	O	O	XO	XXO	XXX	
5 Jilly Lefebvre		U15G North Ayrshire AC				1.61m
	1.46	1.51	1.56	1.61	1.66	
	O	O	O	XXO	XXX	
5 Connor McNally		U15B Glasgow Scho				1.61m
	1.51	1.56	1.61	1.66		
	O	O	XXO	XXX		
7 Mya McMahon		U13G Dunfermline				1.56m
	1.36	1.41	1.46	1.51	1.56	1.61
	XO	O	O	O	O	XXX
7 Anna Forbes		SW Whitemoss AAC				1.56m
	1.51	1.56	1.61			
	O	O	XXX			
7 Heather Baird		SW VP-Glasgow AC				1.56m
	1.51	1.56	1.61			
	O	O	XXX			
10 Rosie Sharples		U15G Falkirk Vict				1.56m
	1.46	1.51	1.56	1.61		
	O	O	XO	XXX		
11 Eve Allison		U20W Livingston AC				1.51m
	1.46	1.51	1.56			
	O	O	XXX			
11 Catherine Palmer		SW Giffnock North AAC				1.51m
	1.51	1.56				
	O	XXX				
11 Christie McSkimming		U20W Whitemoss AAC				1.51m
	1.46	1.51	1.56			
	O	O	XXX			
14 Maeve Hayes		U17W St Pauls Athleti				1.51m
	1.46	1.51	1.56			
	XO	O	XXX			
15 Aine Wilkinson		U17W Finn Valley AC				1.51m
	1.36	1.41	1.46	1.51	1.56	
	O	O	O	XO	XXX	
16 Abbey Orr		U15G VP-Glasgow AC				1.51m
	1.41	1.46	1.51	1.56		
	XO	O	XO	XXX		

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Event 65 Mixed Long Jump Pool 2

Best: 5.87m 14/01/2017 Kyle McLean, Giffnock Nor				
Name	Age	Team	Final	
1 Daniel McFarlane	U20M	Ross County	5.89m	
5.76m 5.77m 5.89m				
2 Kyle McAulay	U17M	Whitemoss AAC	5.86m	
5.78m 4.33m 5.86m				
3 Ben Chatham	U15B	Glasgow Scho	5.59m	
5.59m 5.34m FOUL				
4 Malcolm Mcphail	M50	Northern Vets	5.57m	
5.19m FOUL 5.57m				
5 Aidan Brindley	U15B	North Ayrshire AC	5.43m	
5.43m 5.33m FOUL				
6 Rob Henderson	U15B	Edinburgh AC	5.28m	
5.16m 5.28m 5.26m				
7 Bethany McAndrew	U20W	Pitreavie AAC	5.20m	
4.63m 4.89m 5.20m				
8 Darrin Cameron	SM	Moray Road Runners	5.11m	
FOUL 5.11m 4.99m				
9 Fergus MacGilp	U15B	Pitreavie AAC	5.09m	
4.96m 5.00m 5.09m				
10 Ellie O'Hara	U17W	Edinburgh AC	5.04m	
FOUL 5.04m FOUL				
11 Emma Millar	U20W	Airdrie Harriers	5.01m	
4.90m 5.01m 3.42m				
12 Joseph Gillespie	U15B	Finn Valley AC	4.86m	
4.69m 4.86m 4.82m				
13 Rachel Johnstone	U17W	Inverness Ha	4.81m	
4.81m 4.77m FOUL				

Event 66 Mixed Long Jump Pool 5

Best: 4.12m 14/01/2017 Isla Neilson, Kilmarnock H				
Name	Age	Team	Final	
1 Eve Tulloch	U17W	Elgin AAC	4.26m	
4.13m 4.26m 4.12m				
2 Lily Arrundale	U15G	Edinburgh AC	4.21m	
4.21m FOUL 3.81m				
3 Ryan Davie	U13B	Giffnock North AAC	4.04m	
4.04m 3.84m 4.00m				
4 Katie Irving	U13G	Carlisle Aspatria	3.99m	
3.99m 3.90m 3.92m				
5 Alex Tully	U15G	Dundee Hawk	3.83m	
3.80m 3.75m 3.83m				
6 Emily Watson	U13G	Giffnock North AAC	3.73m	
FOUL 3.50m 3.73m				
7 Rebecca Carty	U15G	Dundrum Sout	3.72m	
3.69m 3.30m 3.72m				
8 Sarah Burns	U13G	Corstorphine AAC	3.69m	
3.13m 3.57m 3.69m				
9 Aimee Broomby	U13G	Carlisle Aspatria	3.60m	
3.60m 3.50m 3.58m				
10 Eve Crawford	U13G	Airdrie Harriers	3.52m	
3.52m 3.33m 3.39m				
11 Beth MacKay	U17W	Elgin AAC	3.51m	
3.51m 3.12m 2.95m				
12 Olivia Boyle	U13G	Whitemoss AAC	3.49m	
FOUL 3.43m 3.49m				
13 Lewis Craigie U15	U15B	Whitemoss AAC	3.36m	
3.35m 3.36m 3.11m				
14 Taylor Fitchet	U15G	Dundee Hawk	3.33m	
3.30m 3.33m 3.16m				
15 Hannah Prior	U15G	Maryhill Harriers	2.86m	
2.57m 2.86m 2.62m				